

## Editor's Note 5: Seize The Day

September 2010

### “Carpe diem”

This phrase originated from a Latin poem by Horace, and is actually part of a longer line stating, “Carpe diem quam minimum credula postero,” which translated means, “Seize the day, trusting as little as possible in the future.”

As you embark on this new academic year, whether it be your first or last, I encourage you all to begin each day with this phrase in mind. As college students we often procrastinate, because we are instilled with the mind set we can always do things tomorrow or some time in the future. However, you will never know what tomorrow holds for you or even if you will be here tomorrow. I am not saying this to depress you or put a damper on your new year; I am simply encouraging you all to make the most out of each day you are blessed to live.

DePaul students are given an array of opportunities and resources to learn, grow, and make a difference both on and off campus. We have the freedom to voice our concerns, acknowledge injustices, and demand change when necessary. However, we do not always get second chances to stand up for what is right or reach out when someone is in need or build relationships that can endure a lifetime.

Therefore, do not begin this year with a fear of the unknown. We will never be able to look into the future and know what our lives will one day entail. All we have is this moment, and because of that we must learn to make the most of each second we live. The four or so years we are in college have the power to mold us into the people we are destined to be. With this being said, set your goals high and strive for nothing less than excellence this year. Even if you do not achieve all you set out to, your growth and success will far exceed any expectations you could ever imagine.

Although we are taught to focus on our futures and make plans for far off dates, I have found doing the most you can to improve yourself and others today will always align you for a fulfilling and prosperous future. Thus, without any reservation I encourage you all to forever live these words,

**“Carpe diem quam minimum credula postero.”**